

Goals and Objectives

Outcome Goal: _____

Goal	Measurement	Obstacles	Progress
Performance Goal			
Process Goal			
Process Goal			
Process Goal			
Process Goal			

- Tips: 1) Set a deadline for your goal.
2) Write your goal in present tense.
3) Are your goals SMART (Specific, Measurable, Attainable, Relevant, Time Specific)?
4) Note how you will overcome any identified obstacles.